

Comparing The Benefits of a Life Plan Community vs Home Care



There are many factors to consider when making the choice between Home Care or a Life Plan Community (also known as a CCRC). Home Care is sometimes seen as a less expensive and more convenient option, but a Life Plan Community offers maintenance-free living, rich amenities and opportunities for social engagement, along with access to healthcare for life, benevolence protection and so much more! While both options have their own unique benefits, many find that Life Plan Communities offer a more comprehensive solution that better addresses their current and future needs.



Take a closer look at the benefits for each option and reasons why a Life Plan Community might be a better decision for you or your loved one.

Life Plan Community Benefits:

- **Independent Living:** A Life Plan Community offers a vibrant Independent Living lifestyle, designed to promote independence and freedom. Residents are surrounded by their peers, engaging activities and maintenance-free living, allowing them to enjoy life by their own design.
- **Comprehensive Care Options:** Life Plan Communities like Williamsburg Landing provide a wide range of healthcare options. These include independent living, assisted living, memory support, skilled nursing services, rehabilitation services and more. With guaranteed access to higher levels of healthcare, residents can continue living in the same community even as their needs change, offering peace of mind to both the residents and their loved ones.
- **Financial Security:** With various financial models, residents can enjoy a predictable fee that covers housing, amenities, and healthcare services. The predictability of these fees aid in long-term financial planning. Williamsburg Landing also offers Benevolence protection for residents who may outlive their resources (through no fault of their own).
- **Amenities and Social Opportunities:** Life Plan Communities such as Williamsburg Landing feature extensive, resort-style amenities such as a fitness center, various dining options, ongoing community and sporting activities, and more. This helps to foster an enriched and socially active lifestyle that can be difficult to maintain while living outside of a senior living.

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- **Maintenance-Free Living:** Life Plan Communities eliminate chores and encourage maintenance-free living. Residents are free to engage in hobbies, socialization, and other enriching activities without the usual burdens of home upkeep.

Home Care Benefits:

- **Familiar Environment:** Receiving personalized care at home offers the advantage of being in a familiar setting, which is especially advantageous for individuals with conditions that are adversely affected by change.
- **Tailored Care:** Home Care services can be highly customizable, ensuring that the individual's specific needs are met on a one-on-one basis.
- **Flexible Services:** The level and type of care can be adjusted based on changing needs, offering a degree of flexibility. Although, it should be noted that consistent staffing may be a challenge at times.

Why Life Plan Community Might Be The Better Choice:

Choosing between a Life Plan Community and Home Care is a highly personal choice; yet, numerous compelling arguments exist that make Life Plan Communities a preferred choice for many.

- **Holistic Approach:** Life Plan Communities address not just the general health care needs of residents, but the social, physical, and emotional well-being through planned activities, amenities, and community engagement opportunities.
- **Future-proofing:** The ability to transition between levels of care within the same community offers convenience and reassurance that no matter what future health challenges may arise, disruptive moves or searches for new care providers are eliminated. Residents can also rest easy, knowing that they have guaranteed access to higher levels of care and Benevolence protection if ever needed.
- **Community and Sense of Belonging:** Living in a community with peers of similar ages and shared interests can dramatically improve one's quality of life, combatting the isolation that often comes with aging.
- **Benevolence Protection:** Life Plan Communities like Williamsburg Landing prioritize residents' financial security through Benevolence protection. Should a resident outlive their resources, through no fault of their own, they will be covered for life and enjoy the security of their home without future financial worries.
- **Convenience and Safety:** Everything you need is often within walking distance or conveniently provided through community services. From dining rooms to the fitness center, residents will find the on-site amenities are safe and easily accessible.

Home Care might be the preferred choice for those with minimal care needs or strong attachments to their home. However, for many, the benefits of a Life Plan Community make it the most secure, engaging and comprehensive option for senior living. Say "goodbye responsibilities, hello possibilities" when you choose a Life Plan Community!

